

Coronavirus (COVID-19)

Information Sheet and Precautions





COVID-19 is a disease caused by a new coronavirus, which has not been previously identified in humans.

How does COVID-19 spread?

COVID-19 appears to spread most easily through close contact with an infected person. When someone who has COVID-19 coughs or sneezes, small droplets are released and, if you are too close, you can breathe in the virus.

What is the treatment for COVID-19?

There is no currently available treatment or vaccine for COVID-19. However, many of the symptoms can be treated.

Who is most at risk?

Older people, and people with other medical conditions, such as diabetes, heart disease and lung disease, appear to be more at risk of developing severe disease.

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Symptoms of COVID-19





SORE THROAT



COUGH



FEVER



BREATHING DIFFICULTIES

Protect yourself against the Coronavirus



Wash your hands frequently



Cover your nose & mouth when coughing & sneezing



Wear protective mask when going to a crowded place



Avoid large gathering or close contact



Avoid touching your eyes, nose and mouth



Do not spit in public

If you have fever, cough and difficulty breathing, seek medical care. Phone ahead and inform the health center when you will visit.